

Overcoming Discouragement

1 Kings 19:9-14

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Elijah: A Discouraged Man

1 Kings 19:3-4, 10, 14

- King Ahab. *1 Kings 16:29-33; 18:16-18*
- Queen Jezebel. *1 Kings 18:4; 19:1-3*
- Uncommitted populace. *1 Kings 18:21*
- Thought he was the only one who was faithful to God. *1 Kings 18:22*

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God's Response:

What are you doing here, Elijah?
(1 Kings 19:9)

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Overcoming Discouragement

- Remember what God has done for you in the past – *1 Kings 17-18*
 - Sustained your life. *1 Kings 17:1-16 (Psalms 37:25; Matthew 6:31-34)*
 - Victory over evil & error. *1 Kings 18:36-40 (2 Timothy 1:9; 1 Corinthians 15:55-58)*

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Overcoming Discouragement

- See God's present care and keeping – *1 Kings 19:5-8*
 - His grace & love. *1 Corinthians 15:10-11*
 - Spiritual blessings. *Romans 5:1-2 (Ephesians 1:3)*

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Overcoming Discouragement

- Strengthen personal faith – *1 Kings 19:4*
 - Even the strongest can become discouraged – nobody is immune!
 - A call to strengthen faith. *Deuteronomy 31:6-8; Hebrews 13:5; cf. 2 Thessalonians 1:3; Romans 10:17*

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Lord Increase Our Faith ...

Luke 17:5

- *In times of temptation. James 1:1-2; 1 Corinthians 10:13*
- *In times of sadness and sorrow. Hebrews 13:5*
- *In time of duty and obedience.*
 - *Forgiveness. Luke 17:1-4*
 - *Assembling. Hebrews 10:24-25; Acts 20:7*
 - *Seeking the kingdom first. Matthew 6:33*

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Overcoming Discouragement

- Stay focused on the right things – *1 Kings 19:4, 9-10; cf. Philippians 3:13-14*
- *Lose focus ... lose faith. Matthew 14:25-33*
- *Focus on Jesus. Hebrews 12:1-2; (Colossians 3:1-4; Hebrews 11:32-12:1)*

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Overcoming Discouragement

- Remember what God has done for you in the past – *1 Kings 17-18*
- See God's present care and keeping – *1 Kings 19:5-8*
- Strengthen personal faith – *1 Kings 19:4*
- Stay focused on the right things – *1 Kings 19:4,9-10*

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